

## THE COURTS OF MCKINNEY INDOOR COURTS ADULT TENNIS SCHEDULE

#### **To Register:**

Log onto the Impact Activities mobile app or log onto impact.clubautomation.com with your username and password



#### **Mondays:**

9:00 am - 10:30 am Advanced Beginners (Paul) 10:30 am - 12:00 pm 3.5+ Workout (Paul) 6:30 pm - 8:00 pm 4.5+ Drill (Polina)

# PRICING

Indoor Priority Pass Holders \$35 per person for 90 min drills \$25 per person for 60 min drills Non-Pass Holders \$40 per person for 90 min drills \$30 per person for 60 min drills

Payment must be made at time of sign up.

# Please register in advance as these drills do fill up.

USTA Drills - Must be a USTA rated player equal to the level of the class.
UTR Drills-Must be a UTR rated player equal to the level of the class.
Beginner - New player with no experience.
Adv. Beginner - New player who can hold a rally.
Cardio - A high energy fitness drill which combines heart pumping tennis drills/games/skills delivering a full body

calorie burning aerobic workout.

**Pros:** 

Paul 903-372-8384 Nurudeen 316-518-7993 Polina 214-449-7341 Alex 972-302-2867 Alessio 469-596-8955

3253 Alma Rd, McKinney TX 75070 www.impactactivities.com 972-547-2012



#### Tuesdays:

9:00 am - 10:30 am New to Tennis (Paul) 10:30 am - 12 pm 3.5+ Workout (Paul) 6:30 pm - 7:30 pm Intermediate Adult Drill (Polina) 6:30 pm - 7:30 pm Advanced Beginners (Alessio) 6:30 pm - 8:00 pm 4.0 Drill (Alex)

6:00 am - 7:30 am Cardio Tennis (Nurudeen)

9:00 am - 10:30 am Ladies 2.5 - 3.0 Drill (Paul) 9:00 am - 10:00 am Adult Beginners Class (Polina) 10:30 am - 12 pm 3.5+ Ladies Workout (Paul)



Wednesdays:

**Thursdays:** 6:30 pm - 7:30 pm Beginners Drill (Polina) 7:30 pm - 9 pm 3.5 Mixed Drill (Paul) 7:30 pm - 9 pm Partner Up UTR 4.5+ Drill (Alex)

#### **Fridays**:

8 am - 9:30 am 3.0+ Workout (Paul) 9:30 am - 11 am 2.5-3.0 Ladies Drill (Paul)

#### Saturdays:

8 am - 9:00 am Intermediate Adult Drill (Polina) 9:00 am - 10:15 am Social Mixer 3.0+ (Alessio) 10 am - 11:00 am Adult Beginners (Polina)

### Sundays: