



WEEKLY ADULTS DROP-IN DRILLS

\$25 NON-MEMBERS

\$23 MEMBERS

REGISTER ONLINE ON OUR **FREE** MOBILE APP!



Mondays

| | LEVEL | TIME | INSTRUCTOR |
|---------------|-------|--------------|------------|
| Mixed Workout | 4.5+ | 7:00-9:00 PM | Tim |
| Mixed Drills | 3.5 | 7:00-8:30 PM | Patrick |
| Beginners | 1.0 | 7:00-8:30 PM | Luis |

Tuesdays

| | | | |
|----------------|---------|--------------|-------|
| Adv. Beginners | 2.0 | 7:00-8:30 PM | Luis |
| Mixed Drills | 4.0+ | 7:00-8:30 PM | Jake |
| Mixed Drills | 2.5-3.0 | 7:00-8:30 PM | Jacob |
| Mixed Drills | 3.5 | 7:00-8:30 PM | TJ |

Wednesdays

| | | | |
|-------------------------|-------------|----------------------|--------------|
| Mixed Workout | 3.5+ | 9:00-10:30 AM | Tim |
| NEW Mixed Drills | 2.5+ | 9:00-10:30 AM | Jacob |
| Mixed Workout | 4.0+ | 7:00-8:30 PM | Tim |
| Mixed Drills | 3.0 | 7:00-8:30 PM | Patrick |
| Adv. Beginners | 2.0 | 7:00-8:30 PM | Luis |

Thursdays

| | | | |
|--------------|-----|--------------|--------|
| Mixed Drills | 3.5 | 7:00-8:30 PM | Jacob |
| Mixed Drills | 2.5 | 7:00-8:30 PM | Camryn |

Fridays

| | | | |
|---------------|------|---------------|---------|
| Mixed Workout | 3.5+ | 9:00-10:30 AM | Tim |
| Mixed Drills | 3.5 | 7:00-8:30 PM | Patrick |

Saturdays

| | | | |
|----------------|------|----------------|--------|
| Beginners | 1.0 | 9:00-10:30 AM | Camryn |
| Adv. Beginners | 2.0 | 9:00-10:30 AM | Luis |
| Mixed Drills | 3.0+ | 10:30-12:00 PM | Jacob |
| Mixed Workout | 3.5+ | 10:30-12:00 PM | Tim |

Sundays

| | | | |
|--------------|------|----------------|---------|
| Mixed Drills | 3.0+ | 10:00-11:30 AM | Patrick |
| Mixed Drills | 4.0+ | 11:30-1:00 PM | Jake |
| Mixed Drills | 2.5 | 11:30-1:00 PM | Camryn |