

THE COURTS OF MCKINNEY **INDOOR COURTS ADULT TENNIS SCHEDULE**



To Register:

Log onto the Impact Activities mobile app or log onto impact.clubautomation.com with your username and password





Mondays:

9:00 am - 10:30 am Advanced Beginners (Paul) **10:30 am - 12:00 pm** 3.5+ Workout (Paul) **6:30 pm - 8:00 pm** 4.5+ Drill (Polina)



Indoor Priority Pass Holders \$35 per person for 90 min drills

\$25 per person for 60 min drills

Non-Pass Holders

\$40 per person for 90 min drills



Tuesdays:

9:00 am - 10:30 am New to Tennis (Paul) 9:00 am - 10:30 am 2.5 - 3.0 Drill (Mauricio) 10:30 am - 12 pm 3.5+ Workout (Paul) 10:30 am - 12 pm Adult Beginners (Mauricio) 6:30 pm - 7:30 pm Intermediate Adult Drill (Polina) 6:30 pm - 7:30 pm Advanced Beginners (Alessio)

\$30 per person for 60 min drills 6:30 pm - 8:00 pm 4.0 Drill (Alex)



Wednesdays:

6:00 am - 7:30 am Cardio Tennis (Nurudeen) 9:00 am - 10:30 am Ladies 2.5 - 3.0 Drill (Paul) 9:00 am - 10:00 am Adult Beginners Class (Meena) 10:30 am - 12 pm 3.5+ Ladies Workout (Paul)

Payment must be made at time of sign up.

Please register in advance as these drills do fill up.

Thursdays:

6:30 pm - 7:30 pm Beginners Drill (Polina) 7:30 pm - 9 pm 3.5 Mixed Drill (Paul)

7:30 pm - 9 pm Partner Up UTR 4.5+ Drill (Alex)



Fridays:

8 am - 9:30 am 3.0+ Workout (Paul) 9:30 am - 11 am 2.5-3.0 Ladies Drill (Paul)



Saturdays:

7:30 am - 9:00 am 3.5+ Drill (Mauricio) 8 am - 9:00 am Intermediate Adult Drill (Polina) 9:00 am - 10:15 am 3.0+ Coed (Mauricio) 10 am - 11:00 am Adult Beginners (Polina)

Sundays:

10:15 am - 11:45 am 2.5-3.0 Drill (Mauricio)

USTA Drills - Must be a USTA rated player equal to the level of the class. **UTR Drills**-Must be a UTR rated player equal to the level of the class.

Beginner - New player with no experience. Adv. Beginner - New player who can hold a rally.

Cardio - A high energy fitness drill which combines heart pumping tennis drills/games/skills delivering a full body calorie burning aerobic workout.

Pros:

Paul 903-372-8384 Nurudeen 316-518-7993 Polina 214-449-7341 Alex 972-302-2867 Alessio 469-596-8955

3253 Alma Rd, McKinney TX 75070 www.impactactivities.com 972-547-2012