

10 & UNDER JUNIORS PROGRAM

Winter Semester is 1/1 - 3/31. Billing based on attendance charged on the end of each month.



Red Ball - \$20 Per Class

Mon - Fri 5:00 - 6:00 pm

Sat 9 - 10 am

Intro to tennis through hand-eye coordination, motor skill exercises to enhance racquet and ball handling skills. Learning through game based and live ball drills.



Orange Ball - \$20 Per Class

Mon - Fri 5:00 - 6:00 pm

Sat 9 -10 am

Intro to top spin while continuing to focus on balance and movement. Learning to control the ball through fun drills



Green Ball- \$20 Per Class

Mon - Fri 5:00 - 6:00 pm

Sat 9-10 am

Technical elements and fundamentals of match play to be built in.



JD- \$25 Per Class

Mon - Fri 5:00 - 6:30 pm

Sat 9 -10:30 am

The focus is on learning overall athletic abilities and tennis specific skills.

Develop groundstrokes, fundamentals, and the ability to sustain rallies and overall control with their peers. The class will emphasize a variety of play-based activities to help players develop simple playing strategies.

Call 214-670-6367 or Email

lbhouston@impactactivities.com to Register!

HIGH PERFORMANCE PROGRAM

* SATURDAYS from 10 am - 12:30
pm!

Monday - Friday 5:00 - 7:30 pm



Scaled pricing based on attendance:

- 1-4 classes for the month, \$95/class (\$100 non-member).
- 5-11 classes for the month, \$85/class (\$90 non-member).
- 12 + classes for the month, \$75/class (\$80 non-member).
- Unlimited attendance for the month, \$700 if paid in advance (\$750 non-member). **BEST VALUE!**
 - Siblings: 1st player full price, each additional sibling 10% off.
 - Try out for new players is \$60/class. Once committed to join HP program, the initial \$60 will be applied toward the final bill.

HP is an accelerated learning format, based on scientific research (European sports institutes) of the characteristics of the sport of tennis. It is dedicated for talented, committed kids who aim for college tennis or even higher levels. Tennis is an endurance sport, kids must learn various skills, acquire abilities to enable competitive edge, and deliver optimum performance. Coaches must approve players for this class.

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