

# Weekly Adult Programs 10/7/2021



## To Register:

Call the Pro Shop **972-547-2012**, use the mobile app or log onto [impact.clubautomation.com](http://impact.clubautomation.com) with your username and password

**M**

### **Mondays:**

7:30 pm - 9 pm Advanced 4.5+ Clinic - Alessio **NEW**

**T**

### **Tuesdays:**

6:30 pm - 7:30 pm Adv Beginner Clinic - Alessio **NEW**  
6:30 pm - 8 pm USTA 4.0+ Clinic - Craig **NEW**  
7:30 pm - 8:30 pm Beginner Clinic - Polina  
7:30 pm - 9 pm Intermediate Clinic - Alessio

**W**

### **Wednesdays:**

8:30 am - 9:30 am Beginner Clinic - Polina  
6:30 pm - 8 pm Co-Ed USTA 3.5+ Clinic - Craig  
7:30 pm - 9 pm Advanced Intermediate Clinic - Alessio

**Th**

### **Thursdays:**

6:30 pm - 7:30 pm Adv Beginner Clinic - Alessio **NEW**  
7:30 pm - 9 pm Intermediate Clinic - Alessio

**F**

### **Fridays:**

6:30 pm - 8 pm Adult Beginners - Carlos

**S/S**

### **Saturdays:**

7:30 am - 9 am Cardio Tennis - Nurudeen  
8:00 am - 9:00 am Beginner Clinic - Polina

### **Sundays:**

no classes at this time

**Classes are back to 10 players on a court and pricing is \$22R and \$24NR for 90 min classes and \$20R and \$22NR for 60 minute classes! 8 person max is \$26R and \$28NR**

Payment must be made at time of sign up.  
24 hr notice of cancellation for refund or credit.

Please register in advance as these drills do fill up.

Length of drill will change if less than 3 sign up. 4 players or more drills are 1.5 hrs unless stated otherwise.



**New Classes begin the week of 10/18/21**

**USTA Drills** - Must be a USTA rated player equal to the level of the class.

**Doubles Drills** - Focus on playing live ball points with emphasis on effective strategies and tactics.

**Beginner** - New player with no experience.

**Adv. Beginner** - New player who can hold a rally.

**Cardio** - A high energy fitness drill which combines heart pumping tennis drills/games/skills delivering a full body calorie burning aerobic workout.

**Pros:** Carlos 701-361-7523 Nurudeen 316-518-7993  
Alessio 469-596-8955 Polina 214-449-7341