



Adult Tennis Drills

WEEKLY SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM						Learn & Play 8am-9am High Beginner 8am-9am Intermediate 9am-10:30am
PM	Learn & Play 6pm-7pm Intermediate 7pm-8:30pm	High Beginner 6pm-7pm Advance 7pm-8:30pm	Learn & Play 6pm-7pm Intermediate 7pm-8:30pm	High Beginner 6pm-7pm Advance 7pm-8:30pm		

Learn and Play (2.0 and below USTA):

New players, little to no experience. The goal is to develop the fundamentals of tennis.

High Beginner (2.5-3.0 USTA):

Advanced Beginners and intermediate players. Focusing on technique and consistency.

Intermediate (3.0-3.5 USTA):

Graduated from High Beginners. Point play strategy and placement.

Advance (3.5+ USTA):

High-level session offered to experienced players. The goal is to improve their skills and meet fellow high-level tennis enthusiasts.

Sign Up in the **Impact Activites TX APP** Now!

1 hour class: **\$22 for non-members** and **\$20 for members**
1.5 hour class: **\$25 for non-members** and **\$23 for members**

1 Sign up: **30 min** | **2** Sign up: **45 min** | **3+** Sign up: **Full length**

Questions? Contact our front desk at **(972) 654-2844** or **lbhouston@impactactivities.com**

[Meet the coaches!](#)

[IMPACTACTIVITIES.COM/LBHOUSTON](https://impactactivities.com/lbhouston)

